

**Free
course**

Incredible Years Parenting Programme

Do you need support and advice on managing children's behaviour?

We have a 3-6 years course available starting April 2020 in Liskeard

Sessions include:

- Difficult behaviour
- Promoting self esteem
- Developing routines
- Play
- Positive parenting
- Praise and rewards



Incredible Years 3-6 at Liskeard Family Hub on a Tuesday 9.30-11.30am. Beginning 21/04/20 and finishing 14/07/20 excluding 26/05/20 as half term.

This programme will be facilitated by Family Workers.

To book a place visit: www.cornwall.gov.uk/earlyhelphub and follow Parenting Support link. For further details contact: Benn Clarke, Parenting Lead:



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COUNCIL**
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Together 
for Families

Being Passionate About Parenting

One day workshop held in local Primary Schools



This is a one day workshop run by Parenting Workers to give you strategies you need to make positive changes at home.

Family life can be difficult at any time. The Parenting Worker's are here to offer practical, emotional and friendly help.

Workshop Objectives:

- ❖ To build better relationships with our young people.
- ❖ To develop strategies to support behaviour management.
- ❖ To give support and information to parents and carers.
- ❖ Supportive parenting will build healthy relationships with your child. It will encourage independence, with mutual respect and open communication.

Venue	Date & Time
Dobwalls Primary School	Thursday 23 rd January 9.30-2.30
Braddock Primary School	Thursday 6 th February 9.30-12.00 – Part one
Braddock Primary School	Thursday 13 th February 9.30-12.00 – Part two
St Cleer Primary School	Thursday 5 th March 9.30-2.30
Callington Primary School	Thursday 19 th March 9.30-2.30
St Stephens Primary, Saltash	Thursday 16 th April 9.30-2.30
St Martins Primary, Liskeard	Thursday 7 th May 9.30-2.30

Being Passionate About Parenting



One day workshop held in local Primary Schools

From the delivery of an extensive range of parenting groups it became apparent that not all parents can commit or require a 6-12 week programme.

For some parents this concept of a one day workshop (for primary school age children) will give them all the strategies they need to make positive changes at home. For some parents it will highlight that they may want to commit to one of the more intensive courses.

This workshop was developed to incorporate key messages, strategies and ideas using positive behaviour management with recognition that praise is a key driver in changing behaviour in children. Used consistently, the positive relationship between parent and child is reinforced and where difficulties are present in the parent / child relationship it provides tools and ideas to change established negative behaviour patterns.

**Free
course**

Incredible Years Parenting Programme

Do you need support and advice on managing children's behaviour?

We have a 6-12 course starting April 2020 in Saltash

Sessions include:

- Difficult behaviour
- Promoting self esteem
- Developing routines
- Play
- Positive parenting
- Praise and rewards



Incredible Years 6-12 at Saltash Family Hub on a Wednesday, 9.30-11.30am. Beginning 22/04/20 and finishing 15/07/20 excluding 27/05/20 as half term. This programme will be facilitated by Family Workers.

To book a place visit www.cornwall.gov.uk/earlyhelphub and follow Parenting Support link. For further details contact: Benn Clarke, Parenting Lead: 01752 847419 or 07805 139 539 bennclarke@cornwall.gov.uk