

What Independent Study Looks Like In... Psychology!

1. Read and note your core textbook: every section of our core textbook needs a set of notes produced. You need to make notes on the topics we have studied in lessons as close to when we study them as possible.
2. Create mind-maps/summaries for each key study to include A01 and A03 in different colours.
3. Complete Revision Cards for each topic – for key studies, theories and approaches. These can be learnt and revised at any time.
4. Visit the exam board website and plan an answer to a past question. Use the Markschemes to mark and then immediately complete corrections/enhancements.
5. Listen to a podcast. All in the Mind is Radio 4's Psychology programme on once a week.
6. Research background detail on the key psychologists we study. Building a profile of their life and work will be very useful in placing their work in the context of how Psychology developed. (Paper 3)
7. Use Twitter to find articles about and examples of the topics we study. There are lots of Psychology teachers you could follow.
8. Complete some of the tasks in your Independent Study booklet. These can be given to your teachers to mark anytime.
9. Your textbook has questions on each topic. Select one to complete on a topic you are least confident in and give to your teachers to mark.
10. Create and complete quizzes on Quizlet to find gaps in your knowledge, revise the topic and re take the quiz.

