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Dear Parent/Carer

Personal Development in Year 7

To some of you, PD (Personal Development) may be a subject you know very little about compared with, say, Maths or English. This letter is intended to give you a broad outline of what your son/daughter will be studying during Year 7.

PD encompasses PSHE (Personal, Social & Health Education), Careers Education & Guidance and Citizenship. All students have one hour of PD per fortnight. We study a broad range of topics across the year covering each of the three aspects of the subject:

Autumn Term: An introduction to Saltash Community School, including a School Trail, our Core Values & expectations, etc.

'Young People & The Law' (including a visit by a local magistrate) - Citizenship

'Bullying' – PSHE (with some aspects of Citizenship)

Spring Term: 'Me & My Future' (Careers Education)

'Puberty' (PSHE)

'Bereavement and coping with loss' (PSHE)

Summer Term: 'Personal Hygiene' (PSHE)

'An Introduction to Drugs' (legal drugs such as smoking). This will include a visit by the South East Cornwall Breathers' Group who talk to the students about the consequences of smoking. (PSHE)

Throughout the year all students will also complete their 'PD Record' booklets where they set and review personal targets across all subjects. The students are also encouraged to take an increasingly active role in both school and community-based activities, something we refer to as Active Citizenship. They are all given the opportunity to take part in the Children's University passport scheme.

If you have any questions at all, please don't hesitate to contact me directly on 01752-843715 ext 235 or email me at: egue@saltashcloud.net

Yours faithfully

Mrs Emma Gue
Head of PD – PSHE, Careers and Citizenship

