

Free
course

Incredible Years Parenting Programme

Do you need support and advice on managing children's behaviour?

We have both 3-6 and 6-12 courses available starting April 2017

Sessions include:

- Difficult behaviour
- Promoting self esteem
- Developing routines
- Play
- Positive parenting
- Praise and rewards



Incredible Years 3-6 at Torpoint Children's Centre on a Wednesday 0930-1130am. Beginning 26/4/2017, breaking for half term 31/5/2017 and finishing 19/7/2017. It will be facilitated by Ann Julian (Family Worker) and Lindy Lewis (Childrens Centre Worker).

Incredible Years 6-12 at Liskeard Youth Room, The Liskerrett Centre on a Thursday 0930-1130am. Beginning 27/4/2017, breaking for half term 1/6/17 and finishing 20/7/2017. It will be facilitated by Kim Rout and Karen Levett (Family Workers).

For details contact: Benn Clarke, Parenting and Adult Education Lead:

01752 847419, bennclarke@cornwall.gov.uk

To book a place visit: www.cornwall.gov.uk/earlyhelphub and follow Parenting Support link.