

Free  
course

# Incredible Years Parenting Programme

Do you need support and advice on managing children's behaviour?

We have both 3-6 and 6-12 courses available starting April 2017

Sessions include:

- Difficult behaviour
- Promoting self esteem
- Developing routines
- Play
- Positive parenting
- Praise and rewards



**Incredible Years 3-6** at Torpoint Children's Centre on a Wednesday 0930-1130am. Beginning 26/4/2017, breaking for half term 31/5/2017 and finishing 19/7/2017. It will be facilitated by Ann Julian (Family Worker) and Lindy Lewis (Childrens Centre Worker).

**Incredible Years 6-12** at Liskeard Youth Room, The Liskerrett Centre on a Thursday 0930-1130am. Beginning 27/4/2017, breaking for half term 1/6/17 and finishing 20/7/2017. It will be facilitated by Kim Rout and Karen Levett (Family Workers).

For details contact: Benn Clarke, Parenting and Adult Education Lead:

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To book a place visit: [www.cornwall.gov.uk/earlyhelphub](http://www.cornwall.gov.uk/earlyhelphub) and follow Parenting Support link.