

Wearde Road
Saltash
Cornwall
PL12 4AY

Tel (01752) 843715 & 842825
Fax (01752) 845853
www.saltash.net
head@saltash.net



Headteacher:
Mrs I Bryce
BA (Hons) NPQH

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Dear Parent/Carer

Personal Development in Year 7

To some of you, PD (Personal Development) may be a subject you know very little about compared with, say, Maths or English. This letter is intended to give you a broad outline of what your son/daughter will be studying during Year 7.

PD encompasses PSHE (Personal, Social & Health Education), Careers Education & Guidance and Citizenship. All students have one hour of PD per fortnight. We study a broad range of topics across the year covering each of the three aspects of the subject:

- Autumn Term:** An introduction to **saltash.net**, including a School Trail, our Core Values & expectations, etc.
'Young People & The Law' (including a visit by a local magistrate) - Citizenship
'Bullying' – PSHE (with some aspects of Citizenship)
- Spring Term:** 'Me & My Future' (Careers Education)
'Puberty' (PSHE)
- Summer Term:** 'Personal Hygiene' (PSHE)
'An Introduction to Drugs' (legal drugs such as smoking). This will include a visit by the South East Cornwall Breathers' Group who talk to the students about the consequences of smoking. (PSHE)

Throughout the year all students will also complete their 'PD Record' booklets where they set and review personal targets across all subjects. The students are also encouraged to take an increasingly active role in both school and community-based activities, something we refer to as Active Citizenship.

If there is any aspect of your son/daughter's curriculum or progress that you wish to discuss, please don't hesitate to contact either their PD teacher or me direct on 01752-843715 ext 235 or email me at: egue@saltashcloud.net

Yours faithfully

A handwritten signature in black ink that reads 'Emma'.

Mrs Emma Gue
Head of PD – PSHE, Careers and Citizenship

